

Health & Physical Education (K-12)
Wingate University

Competency A minimum of two (2) semester hours is required to fulfill each of the following competencies unless otherwise noted.		Course Prefix & Number	Course Title	Course Offerings
A	Foundations, Principles, & Practices of Physical and/or Health Education	HPE 201	Introduction to Health and Physical Education	
B	Individual, Community, & Global Health Issues	HETH 101	Personal and Community Health	
C	Human Biology, Anatomy, & Reproductive Health	BIO 120	Human Biology	
		BIO 125	Reproductive Health	
		BIO 311	Human Anatomy and Physiology	
D	Fundamental Motor Skills & Movement Forms	EXSC 312	Human Structure & Function	
		EXSC 315	Anatomical Kinesiology	
E	Sports, Physical & Leisure Activities	HPE 221	Teaching Individual and Dual Sports	
		HPE 222	Teaching Team Sports	
F	Healthy Behavior, Fitness, & Obesity Prevention	EXSC 230	Fitness Promotion and Assessment	
		EXSC 225	Applied Nutrition	
G	Health Education & Promotion	HPE 231	Personal and Interpersonal Health	

Posted: 6/19/2019
Revised: Summer 2019

Course Offering Codes:

F=Fall, S=Spring, SS=Summer Session, UD=Upon Demand
e=even years, o=odd years, ^=online

Course typically offered **on campus** if shaded.

Notes:

- These are typical course offering schedules. Courses are not guaranteed to be offered at these times.
- Please check with the college/university for course availability each semester.
- Some courses require prerequisites be met prior to registration. An asterisk (*) denotes a prerequisite course.
- For more information from this institution, click here, <http://www.wingate.edu/>.